

Effectiveness Table



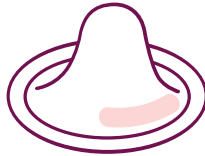
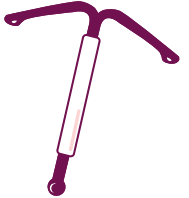
Check out the effectiveness for different birth control methods.

Birth Control Method	Natural Cycles	Pill	Male Condom	IUD	Nuvaring	Ovulation Method (Calendar Rhythm)	Pull Out Method
*Typical use	93%	93%	87%	>99%	93%	77%	80%
*Perfect use	98%	>99%	98%	>99%	>99%	97%	96%

*Percentage of typical/perfect users who did not get pregnant with the method over 1 year of use.

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